

Thursday, Oct. 4

| *Exhibitor Hall open 7:00 AM – 3:45 PM in Lakeshore 3&4

| *Registration Open 6:00 AM – 4:30 PM in Main Lobby

| *All Sessions will take place in Lakeshore 1&2

7:00 – 8:00 AM

Breakfast for Attendees with exhibitors in Lakeshore 3&4

8:00 – 8:45 AM

Military Medicine: Home and Abroad

LTC Dean Stulz, PA-C &

CPT Laura Patton, MBA, MS, PA-C

Josh Hohertz, PA-C

Steve Rapatz-Harr, PA-C

8:45 – 9:30 AM

Managing Spine Conditions and When to Refer for a Spine Consult

9:30 – 10:15 AM

Evaluation of Acute Abdominal Pain

10:15 – 10:45 AM

Break with exhibitors in Lakeshore 3&4

10:45 – 12:15 PM

Care after Cardiovascular Surgery

Melissa Erdman, PA-C, MSHS, BSN

12:15 – 1:30 PM

Lunch for Attendees in Lakeside South Dining Room

1:30 – 3:00 PM

Child and Teen Checkups: Updates in Well Child and Developmental Screenings

Katy Schalla Lesiak, MSN/MPH,

CPNP, PMHS & Shannon Neale, MD

3:00 – 3:30 PM

Break with exhibitors in Lakeshore 3&4

3:30 – 4:15 PM

Considerations and Factors for Switching and Augmenting Medications for Major Depressive Disorder

Pamela Wolf, PharmD, BCPP

4:15 – 5:00 PM

Development of an Opioid Management Protocol in Total Joint Arthroplasty

Joshua Horowitz, DO

Friday, Oct. 5

| *Registration Open 7:00 AM – 4:30 PM in Main Lobby

| *All Sessions will take place in Lakeshore 1&2

7:00 – 8:00 AM

Breakfast for Attendees in Lakeside South Dining Room

8:00 – 8:45 AM

Physical Examination of the Shoulder

Vinh Dang, MPAS, PA-C, DFAAPA

8:45 – 9:30 AM

Sleep for Primary Care

Bennett Goltz, PA-C

9:30 – 10:15 AM

Nosebleeds, and Earaches, and Sore Throats---Oh My!

Kimberly Lakhan, DHSc, PA-C

10:15 – 10:30 AM

Break in Session Room/Lakeshore 1&2

10:30 – 12:00 PM

Vectorborne Disease in Minnesota

Elizabeth Schiffman, MPH, MA

12:00 – 1:00 PM

Lunch for Attendees in Lakeside South Dining Room

1:00 – 1:45 PM

Future of the PA Profession in Minnesota

Leslie Milteer, PA-C, MPAS, DFAAPA

1:45 – 2:30 PM

Obesity Management: Nutrition Edition, Let's Get Back to Basics

Aly Luftman, RD, LD

2:30 – 2:45 PM

Break in Session Room/Lakeshore 1&2

2:45 – 3:30 PM

An Overview of Heart Failure

Mikal Mikkelsen, MS, PA-C, ATC

3:30 – 4:15 PM

You are the Key to HPV Cancer Prevention

Kimberly Lakhan, DHSc, PA-C

4:15 – 5:00 PM

Conquering Arthritis

Matthew Fleming, MPAS, PA-C

Saturday, Oct. 6

| *Registration Open 7:00 AM – 11:30 AM in Main Lobby

| *All Sessions will take place in Lakeshore 1&2

7:00 – 8:00 AM

Breakfast for Attendees in Lakeside South Dining Room

8:00 – 8:45 AM

Silent Epidemic of Fatty Liver Disease

Ibrahim Hanouneh, MD

8:45 – 9:30 AM

The Pathway to Preventing Type 1 Diabetes: The TrialNet Experience

Brandon Nathan, MD

9:30 – 9:45 AM

Break in Session Room/Lakeshore 1&2

9:45 – 10:30 AM

The Case for Breastfeeding and the use of Human Milk

Nancy Fahim, MD, FAAP, FABM

10:30 – 11:15 AM

Seborrheic Keratosis or a Mimic?

Anastasios Pappas, MD

11:15 - 12:00 PM

Cervical Myelopathy and Radiculopathy: A Summary of the Basic Science, Physical Exam Findings and Treatment Options

Christopher T. Martin, MD



This activity has been reviewed and is approved for a maximum of 18.00 AAPA Category 1 CME credits by the AAPA Review Panel. PAs should claim only those credits actually spent participating in the CME activity. This activity was planned in accordance with AAPA CME Standards for Live Programs and for Commercial Support of Live Programs.